

# **COUNTDOWN TO CALM DOWN**

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## **VERSE ONE**

My brother made me angry when he crashed into my room.  
I felt like I should yell at him, it seemed the thing to do. I said,  
"Wah wah wah wha wha wha wha wha wha wah!!!!" / " WISH I COULD YELL  
OUT THE WORDS IN MY HEAD?!!!!"  
No wait, just kidding, that's not what I said. I said,

## **PRECHORUS**

"Now self you better calm down keep your anger in check.  
It's best to talk about it when you're not an angry wreck."

## **CHORUS**

I'm gonna count down, I'm gonna count down till I calm down 7, 6, 5, 4, 3, 2  
I'm gonna count down, I'm gonna count down till I calm down 7, 6, 5, 4, 3, 2  
Instead of sayin' what I coulda' shoulda' said when you were around.

## **VERSE TWO**

My sis really ticked me and I took the blame.  
I wanted to light into her and tell how I felt. So I said,  
"Wah wah wah wah wah wah wah wah wah!!!!"/ " WISH I COULD YELL  
OUT THE WORDS IN MY HEAD?!!!!"  
Alright, not really, if I said that I'd be dead! so I said,

## **REPEAT PRECHORUS**

## **REPEAT CHORUS**

## **REPEAT LAST LINE**